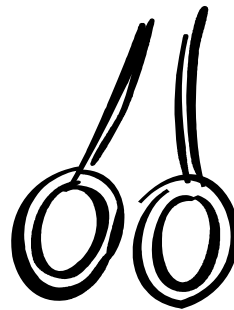
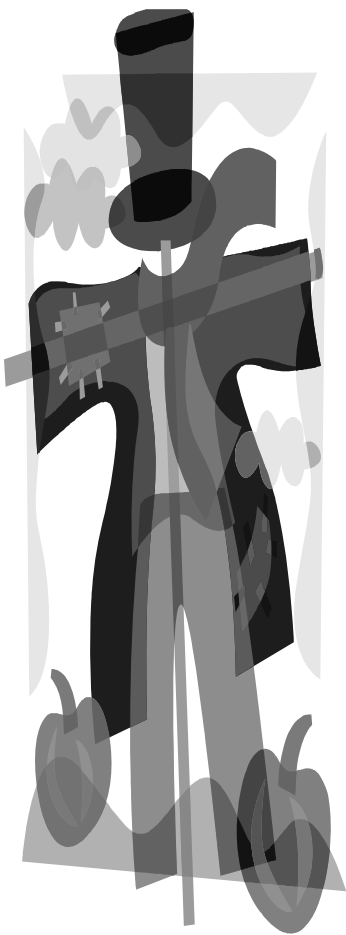


Cumming Recreation & Parks Department 2011-2012

Fall / Winter



**Registration Begins
Saturday August 27, 2011
9 am - 12 pm
Cumming Recreation
Department Building**



CUMMING RECREATION AND PARKS DEPARTMENT

Monday — Friday

Hours: 8:30 am — 4:30 pm

P.O. Box 34 410 Pilgrim Mill Road Cumming, Georgia 30028

Phone (770) 781-2030 Fax (770) 781-3485

www.cityofcumming.net

www.crpdonline.org

CUMMING AQUATIC CENTER (770) 781-1781

INTRODUCTION

Since its creation in 1972, the City of Cumming Recreation and Parks Department has been committed to providing the highest quality recreational opportunities that promote the physical, mental, and social development of its citizens in a rapidly growing Cumming community. Programs and facilities at City Park and Dobbs Creek have been developed to provide leisure-time activities for families and individuals, both young and old alike.

The Recreation Department's schedule offers a variety of activities and programs for the enjoyment of our community's diversified population.

The Recreation Department staff encourages everyone to come the take part in the activities and programs of the Cumming Recreation and Parks Department. Take some time to learn new hobbies, develop new skills, create new interests and make new friends through the recreational opportunities offered.

Registration Begins

Saturday, August 27 9 am —12 pm

City of Cumming Recreation Department Building

*ONLY walk-in registration will be accepted on August 27,
NO mail-in or night-drop registration will be accepted until August 29.*

EASY WAYS TO REGISTER

Walk-In

Visit our office at 410 Pilgrim Mill Road across from Cumming City Park. Our office is inside the three story red brick building with white columns. Please come in the front entrance. Cash or check only.

OFFICE HOURS

Monday—Friday 8:30 am—4:30 pm

Mail

Just fill out and sign the registration form. Print clearly and provide all the information requested. Please make check or money order payable to Cumming Recreation & Parks Dept & mail registration form with check to:

Cumming Recreation & Parks Department
P.O. Box 34
Cumming, GA 30028

Night Drop

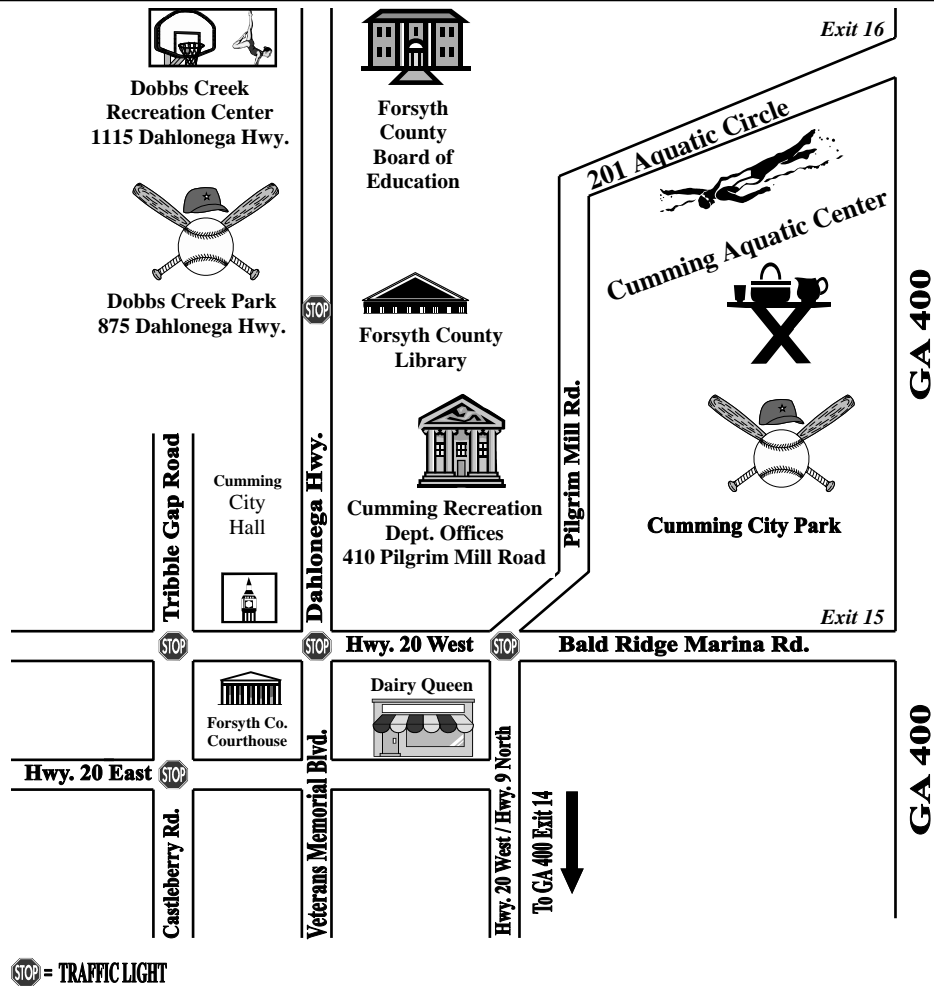
There is a registration night drop located on the front door of our office. Just drop in your completed registration form, making sure you indicate which class or program you are signing up for. Attach your check or money order to the registration form. **DO NOT DEPOSIT CASH!**

All returned checks will be assessed a \$25 Service Fee.

Cumming Recreation and Parks Facilities

Facilities utilized by the Cumming Recreation and Parks Department include:

- **Cumming City Park & Cumming Recreation Department Building**
410 Pilgrim Mill Road
Cumming, GA 30040
- * **Dobbs Creek Recreation Center**
1115 Dahlonega Hwy.
Cumming, GA 30040
(across from Forsyth Co. Board of Education).
- * **Dobbs Creek Ballfields**
875 Dahlonega Hwy.
Cumming, GA 30040
- * **Cumming Aquatic Center**
201 Aquatic Circle
Cumming, GA 30040



Aerobics and Fitness

Cumming City Park has four veteran aerobic instructors who have each taught at least 15 years. These instructors are Lisa Bennett, Rhonda Goodwin, Dee Gravitt, Kellie Wray and Nancy Aurand. The instructors are certified and attend workshops periodically to stay current on all the latest aerobic trends. Each instructor offers her own style of instruction which makes each class unique and fun. The instructors are prepared to make the class simple for the beginner, but also challenging for the veteran exerciser.



STEP AEROBICS

Interval Training, Body Sculpting

This class involves stepping up & down on an adjustable platform while simultaneously performing upper body movements. The intensity of the workout can be adjusted by changing the height of the platform and the duration of upper body movements. It begins with a warm-up, proceeds to a cardiovascular workout followed by a cool-down and ends with floor work and toning. Our step aerobics allows you to work at your own pace as you burn fat and calories.

MORNING LOW-IMPACT

DAYS: MONDAY, WEDNESDAY & FRIDAY
TIME: 8:30—9:30 am

EVENING LOW-IMPACT

DAYS: MONDAY, WEDNESDAY & THURSDAY
TIME: 5:30—6:30 pm
AGES: Adults
LOCATION: Cumming Recreation Department Building

EVENING STEP

DAYS: MONDAY, TUESDAY & THURSDAY
TIME: 6:30—7:30 pm
AGES: Adults
LOCATION: Cumming Recreation Department Building

SESSIONS

September 12—October 22	6 weeks	\$42
October 24—December 3 (no class Nov 24 & 25)	6 weeks	\$42
December 5—December 31 (no class Dec. 23, 26, 30, 31 & Jan 2)	4 weeks	\$32
January 2—February 11 (no class January 16)	6 weeks	\$42
February 13—March 24	6 weeks	\$42
March 26—May 5	6 weeks	\$42
May 7—June 16 (no class May 28)	6 weeks	\$42
June 18—July 28 (no class July 4)	6 weeks	\$42

LOW-IMPACT / ZUMBA AEROBICS

Interval Training, Body Sculpting & Weight Training

Low-Impact aerobics are designed to improve cardiovascular fitness without stress on bones & joints. The class incorporates easy-to-follow moves that can be done at your own pace. Program includes a warm-up, 30-40 minutes cardiovascular workout, cool-down, and toning. The toning session can be done with or without weights to strengthen & tone muscles. The cool-down includes stretching and relaxation breathing. These classes are set to motivating music in a fun, relaxed atmosphere. The goal is to improve cardiovascular fitness, burn calories, strengthen muscles and enjoy a healthier lifestyle as you work at your own pace.

In addition, Zumba, the new fitness program inspired by Latin dance, will be incorporated into Low-Impact classes once weekly. Zumba uses the principles of fitness interval training and resistance training, mixed with easy-to-follow dance steps to maximize calorie output, fat burning & total body toning.

BOOT CAMP



If you have the desire to lose weight, tone up, build strength, increase endurance, or build self confidence, here's your chance. This is a fun packed, motivational class that will work your body in a positive, safe environment. 6 week sessions.

Instructor: Dee Gravitt

City Park Pavilion

6 wk session

Dobbs Creek Recreation Center

Aug 16-Sept 22

Sept 27-Nov 3

Nov 8-Dec 15 (no class Nov. 24)

Days & Times

Tuesday 9:30 — 10:30 am

Thursday 9:30 — 10:30 am

Dec 20-Jan 26

Jan 31- Mar 8

Mar 13- Apr. 26 (no class Apr 3 & 5)

\$ 22 for 1 day

\$ 42 for 2 days

ART



For the 20th year, Rick Rennick will serve as the art instructor for the Cumming Recreation and Parks Department. Holding a Bachelor of Arts Degree, as well as having a very distinguished reputation in the art community, he brings a wealth of experience to our camps and classes. Portraits of animals and landscapes are his specialties and his portrait of *Secretariat* was commissioned by and hangs at the Kentucky Derby Museum in Louisville, KY. He also has served as graphics artist and set designer on CBS television with such programs as *Search for Tomorrow* and *As the World Turns*.

TUESDAY

(6-week sessions)

Sept 6—Oct 11
Oct 25—Dec 6
Jan 3—Feb 7
Feb 21—Mar. 27
Apr 10—May 15

WEDNESDAY

(6-week sessions)

Sept 7—Oct 12
Oct 26—Dec 7
Jan 4—Feb 8
Feb 22—Mar. 28
Apr 11—May 16

THURSDAY

(6-week sessions)

Sept 8—Oct 13
Oct 27—Dec 8
Jan 5—Feb 9
Feb 23—Mar. 29
Apr 12—May 17

ART EXCEL

Ages 10—13

This class will advance and nurture this age group in the visual arts. Projects will include drawing technique, composition, advanced shading and challenging subjects. Students will use pencil, charcoal and various types of paper. The class will bridge the gap between children's classes and teen art. (There is no prerequisite class.) Come explore, develop, excel!

DAY / TIME: TUESDAY 4:30—6:00 pm
COST: \$82 (Supplies Included)
LOCATION: Cumming Recreation Department Building
INSTRUCTOR: Rick Rennick



ADULT OIL PAINTING or PASTELS

Ages—18 and older

This class offers study in oil painting or pastels. This includes image-making fundamentals such as design, composition, and color as well as a better understanding of medium techniques. The class will accommodate all levels from beginner to advanced. New students should bring a photograph of a landscape or still life.

DAY / TIME WEDNESDAY 1:30—4:00 pm
COST: \$97 (There is a materials list.)
LOCATION: Cumming Recreation Department Building
INSTRUCTOR: Rick Rennick

DAY / TIME THURSDAY 7:00—9:30 pm
COST: \$97 (There is a materials list.)
LOCATION: Cumming Recreation Department Building
INSTRUCTOR: Rick Rennick

ART TEEN

Ages 12—18

Visual arts mentoring. In this class, students can choose the area they want to focus on—drawing, painting, or pastels. Development and advancement through a one-on-one approach. All levels from just-interested to the advanced student are welcome. This class is progressive and on-going.

DAY / TIME TUESDAY 6:30—8:30 pm
COST: \$82 (There is a materials list)
LOCATION: Cumming Recreation Department Building
INSTRUCTOR: Rick Rennick

THE WONDERFUL WORLD OF ART

Ages 6—11

An adventure in the arts. Students will learn to draw well in pencil and charcoal. We will sculpt in clay and learn to paint with tempera paint. This will be a varied and changing program so students can continue for many sessions.

DAY / TIME: THURSDAY 4:30—6:00 pm
COST: \$82 (Supplies Included)
LOCATION: Cumming Recreation Department Building

Adult Progressive Drawing Classes

18 and older

Wednesdays 10:00 am—12:00 noon

\$87.00 per session level 6 week sessions



Level I Sept 7—Oct 12

Composition, negative and positive space, the relationship factor.

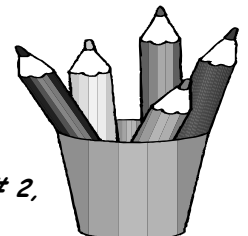
Level II Oct 26—Dec 7

Drawing, shading, seeing lights and darks, value importance, the modeling of light.

Level III Jan 4—Feb 8

Mastering drawing. Subject matter consists of still life, the figure, portraiture, nature, And architecture.

Supply List: 18 x 24 Newsprint pad (rough) vine charcoal (willow) soft, charcoal pencils # 1, # 2, # 3 (soft, medium, & hard), rubber charcoal eraser.



Glass Art



The Cumming Recreation Department is pleased to announce our new glass art classes and workshops. These unusual and very interesting programs will be led by Paula Chambers. Paula comes with years of experience in glass art. Several classes and workshops are offered for making jewelry, wind chimes and ornaments. Check out the programs below. Great gifts for any occasion. All classes and workshops are held at the Cumming Recreation Department.

Classes 4-week sessions

The Great Glass Expedition I

September 12—October 3.

Explore the wonders of science and art using glass as the medium. Projects will include a glass kilnformed wind chime/mobile, a glass smash plate, a glass mosaic piece, and other projects as time allows.

DAYS: Mondays **AGES:** 7 & up
TIMES: 4:30—6:30 pm **COST:** \$102.00

Note: A material fee of \$20.00 will need to be paid to the instructor the first day of class.

Art Discussions: Symmetry, flow, balance and repetition.

Science Discussions: How is glass made? How heat, temperature, and gravity affect glass.

The Glass Expedition II

October 17—November 14 (no class October 31)

Continue exploring the science and art using glass as the medium. Projects include a garden mosaic stepping stone, a fused glass picture frame, painting on glass, and other projects as time allows.

DAYS: Mondays **AGES:** 7 & up
TIMES: 4:30—6:30 pm **COST:** \$102.00

Note: A material fee of \$25.00 will need to be paid to the instructor the first day of class.

Art Discussions: The golden rectangle and color theory.

Science Discussions: Glass use throughout time, safety/thermal glass, and R factor insulated windows.

Introduction to Glass Art Kilnforming

September 12—October 3

Learn the basics of choosing, handling, cutting, heating and manipulating glass. Class projects are a simple vase, a small square mosaic plate, fused glass jewelry, and a glass wind chime. Don't think you are creative? Give glass a try: it is easier than you may think. No glass experience necessary.

DAYS: Mondays **AGES:** 13 & up
TIMES: 7:00—9:00 pm **COST:** \$97.00

Note: A material fee of \$45.00 will need to be paid to the instructor the first day of class.

Workshops *No experience needed* (all material fees paid to instructor) **Ages 13 & up**

Fused Dichroic Glass Jewelry

Saturday, September 10

Participants will learn basics of working with small pieces of fusible glass, including Dichroic.

Time: 11:00 am—3:00 pm
Cost: \$42.00 (Plus \$25 materials fee)

Fused Glass Windchimes

Sunday, September 18

A fun afternoon spent making a fused glass wind chime/mobile/sun catcher. We will design & assemble the glass, & demonstrate your piece of art.

Time: 2:00—5:00 pm
Cost: \$42.00 (Plus \$15 materials fee)

Glass String Plate

Monday October 10

Using basic glass kilnforming, we will be using a clear glass base and build the design of the plate using strings of glass.

Time: 6:00—9:00 pm
Cost: \$42.00 (Plus \$25 materials fee)

Glass Ornaments

Monday December 5

Make a glass ornament using pre-cut pieces of glass that can be hung as a Holiday ornament or a window sun catcher.

Time: 5:30—8:30 pm
Cost: \$37.00 (Plus \$15 materials fee)



OCTOBER 6-16, 2011

HOURS

Monday—Thursday 4:00 pm—10:00 pm
 Friday 4:00 pm—Midnight
 Saturday 10:00 am—Midnight
 Sunday 12:30 pm—9:00 pm

ADMISSION

Adults \$7.00
 Student (5-18) \$3.00
 4 & under FREE

ADVANCED TICKET SALES

Available September 1—30 only
 Adults \$5.00
 Children (5-18) \$2.00

YOUTH BASKETBALL LEAGUE



Age Control Date: Age as of January 1, 2012

COST—\$110

The Cumming Recreation and Parks Department's 2011-12 Youth Basketball League will offer competitive play for boys and girls ages 7 to 18 years old.

Practices will begin Monday, Nov. 14th, with games beginning on Saturday, Dec. 10, and will run through the end of February.

Registration for youth basketball WILL be limited due to gym availability and program demand. Registration will be accepted on 1st-come, 1st-serve basis.

REGISTRATION DATES

Mon-Fri Oct. 10—14	8:30 am-4:30 pm
Saturday Oct. 15	9:00 am-12:00 pm
Mon-Fri Oct 17—21	8:30 am-4:30 pm

Extended Registration for Ages 13-18

Mon-Fri Oct 24-28	8:30 am-4:30 pm
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2012 "Middle & High School League "

**Team Registration Begin
February 13-24, 2012
Dobbs Creek Rec. Center**

The Cumming Recreation Department is excited to offer a Middle & High School League for teams this year! Players must be enrolled in a middle or high school in Forsyth County. All coaches must be at least 21 years old.

Games will be played on Monday and Wednesday nights. A mandatory coaches meeting will be held Tuesday, February 28.

Games Begin:	March 5, 2012
Games End:	March 28, 2012
Tournament:	April 9, 2012

Fee: \$525 per team

For more information contact Matt Payne at mpayne@cityofcumming.net or at (770) 781-2030.



LIL' ROOKIES BASKETBALL CLINIC

AGES 5 & 6



The Recreation Department will once again offer its Lil' Rookies Basketball Clinic for 5-&6-year-olds. This program will meet on Saturdays for one hour weekly:

Session 1

Oct. 29—Nov. 26

Session 2

Jan. 7—Feb. 4

Clinic times for each session will be:

9:00 am—10:00 am

10:00 am—11:00 am

The program will be structured in a clinic-type format, with emphasis on teaching basics and fundamental skills.

***Registration will begin October 10
(and will end when all sessions are filled)***

COST—\$67

(Must be 5 years old by beginning of clinic)

lil All Stars

Preschool Sports for 2—5 year olds.

Pre-school children are introduced to basics sports programs such as basketball, football, t-ball, and soccer in a fun, safe, playful atmosphere. Classes are held at Dobbs Creek Recreation Center.

For more information, please visit www.lilallstars.net or call 404-431-0260.

Suwanee Sports Academy

Rising Stars Basketball program for grades K-2 and Future Stars Basketball programs for grades 3-8 are being offered at Dobbs Creek Recreation Center. Both programs will emphasize teaching basic fundamentals and skill development along with weekly team play. For more information, please visit www.ssasports.com/cumming or call Eric Eleton at 678-541-0263.

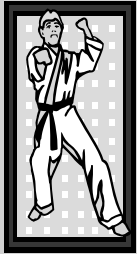
SELF DEFENSE HAPKIDO

Hapkido is a Korean Martial Arts. It incorporates Judo, Jujitsu, and Tae Kwon Do into its self-defense structure of attack and defense techniques. Hapkido does not just stop at training physical techniques; it also develops mental and emotional discipline in a structured class environment.

Hapkido is the most effective defense against the most common and uncommon assaults. Some techniques practiced are punching, kicking, blocking and various combinations. Not only will they learn self defense, but they will also learn self respect, self control, self discipline & the respect of others.

Hapkido instructor Frankie MacDonald has studied Hapkido, the Korean Martial Art of Self Defense since 1997.

The Cumming Recreation and Parks Department is excited to have Frankie working with our adult and youth Hapkido Self Defense programs.



YOUTH CLASSES

(6-Week Sessions)

September 6—October 11
October 25—November 29
December 13—January 31

(no class Dec. 20 and 27)

February 14—March 20

April 10—May 15

May 29—July 3

DAY:	TUESDAY	
TIME:	5:30—6:30 pm	7 & up Beginners
	6:30—7:30 pm	Higher Ranking Belts
	\$37	<i>(must be evaluated)</i>
	7:30—8:45 pm	12 & Up
	\$42	Advance/Intermediate
	<small>(6-week session)</small>	
LOCATION:	Dobbs Creek Recreation Center	
INSTRUCTOR:	Frankie MacDonald, 2nd Degree Black Belt	



ADULT CLASSES

(6-Week Sessions)

September 5—October 10
October 24—November 28
December 12—January 30

(no class Dec. 19 and 28)

February 13—March 19

April 9—May 14

May 28—July 2

DAY:	MONDAY	
TIME:	7:00—8:30 pm	15 & up
COST:	\$42	<small>(6-week session)</small>
LOCATION:	Dobbs Creek Recreation Center	
INSTRUCTOR:	Frankie MacDonald	

Pee Wee Tennis

Ages 4 1/2—8

The Cumming Recreation and Parks Department is proud to have Faye Smith and Kassie Smith leading our Pee Wee Tennis program. Faye has been involved in tennis for over 25 years. She joined the department in the summer of 2008. She also teaches our tennis camps.

Kassie Smith attended Emmanuel College and earned her degree in Health/Physical Education for grades K-12 from North Georgia College and State University.

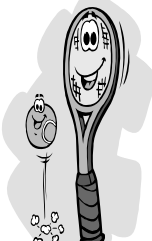
Mr. Pee Wee Tennis is not a game like tennis—it is tennis! Mr. Pee Wee Tennis is a program designed to introduce children between the ages of 4½ - 8 to the game of tennis in a fun and rewarding way. The indoor "tennis court" is one-fourth the size of a regular court. This means children are no longer overwhelmed with the sheer distance in which they have to hit the ball or how far they have to run. The net is 28" high, almost a foot shorter than a regular net. This allows children to see over the net, not through it!

Tennis rackets and balls are provided. Please have your child wear comfortable clothing with pockets. (No Jeans!). All Pee Wee Tennis classes have a 6 to 1 student/teacher ratio.

SESSIONS

(4-week sessions)

September 7—28
October 5—26
November 2—23
January 4—25
February 1—22
February 29—March 21
March 28—April 25
(no class Apr. 4)
May 2—23



DAY:	WEDNESDAY	
TIME:	CLASS 1	4:00—4:45 pm
	CLASS 2	5:00—5:45 pm
COST:	\$37	
AGES:	4 1/2 - 8 years old	
LOCATION:	Dobbs Creek Recreation Center (Indoors)	
INSTRUCTORS:	Faye Smith & Kassie Smith	



Learn to Play Guitar!

Excited about learning how to play the guitar? This new school year will prove to be your best ever. As a new student, you will have a initial group class lesson, and each week there after you will have a half hour private lessons. This allows a student to have a comprehensive, private and a non distracting lesson. The lessons will continue throughout the school year 2011-2012 and broken up into 5 week very affordable sessions. What a bonus! You will be paying for a group class but receiving private instruction. Lessons will be offered on Saturdays 9:30am to 12 noon, and on Mondays 6:30pm to 8:30pm. If the student enrollment is greater than allotted times, an extra day may be added. Mr. Chris Nero may be reached via E-mail at jazzmn2@yahoo.com or telephone him direct at 770-843-8093.

Monday Sessions

(5-Week Session)

August 29—October 3
October 10—November 7
November 14—December 12
January 2—January 30
February 6—March 5
March 12—April 9

TIME: 6:30—8:00 pm
COST: \$67 (plus Book cost)
AGES: 10—60 years
LOCATION: Cumming Rec.
Building

Saturday Sessions

(5-Week Sessions)

September 10—October 8
October 15—November 12
November 19—December 17
January 7—February 4
February 11—March 10
March 17—April 14

TIME: 9:30—10:45 am
COST: \$67 (plus Book cost)
AGES: 10—60 years
LOCATION: Cumming Rec.
Building

Unicycle

Saturdays

Sept 3—Oct 1

(no class on Sept. 17th)

Youth & Adult Classes

9:00—10:00 am

Ages 8 & up

Cost: \$52.00

Instructor: Robert Coggins

Location: Dobbs Creek Recreation Center



Want to try something new and impress your friends? Learn to ride a unicycle! Riding a unicycle is a great core exercise and low-impact workout. This class will cover the basics on how to ride a unicycle. We will practice mounting, safe dismounting, pedaling and balancing, as well as the art of idling. No experience is required; all you will need is your enthusiasm, gloves and a helmet. Unicycles will be provided.

Tumble Time

Gymnastics



DAY / TIME: FRIDAYS 3:30—5:30 pm
AGES: 4 1/2 - 8 1/2
COST: \$21 per Friday clinic
LOCATION: Dobbs Creek Recreation Center
INSTRUCTOR: Trish Merck

Could your gymnast use additional time in the gym? Well, Tumble Time Clinics are just what they need. Every 2nd and 5th Friday of each six-week gymnastics session, your gymnast may come for work on fundamental tumbling skills. Gymnasts will use mats, tumble

Tumble Time Clinics

Friday, Sept. 23	Friday, Oct. 14
Friday, Nov. 11	Friday, Dec. 9
Friday, Jan. 13	Friday, Feb. 3
Friday, Mar. 2	Friday, Mar. 23
Friday, Apr. 20	Friday, May, 11



Student Holiday Skills Clinics

"Spend some time in the gym on a school holiday"

Time: 9:30—11:30 am
Ages: 4 1/2 - 8 1/2
Cost: \$ 21 per Tuesday clinic
Location: Dobbs Creek Gym
Instructor: Trish Merck

Basic gymnastic skills for tumbling and on the apparatus will be covered during the 2 hour sessions, scheduled for days when Forsyth County Schools are closed. Skills Clinics are excellent clinics for the beginning and intermediate gymnast who needs some extra practice time to work on skills on all apparatus.

Clinic Dates

Tuesday November 22nd
Tuesday December 27th

GYMNASTICS

INSTRUCTIONAL SESSIONS (6-WEEKS)

Gymnastics Classes will not meet the week of November 21—25 December 19—30 April 2—6

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY			
Sept 12—Oct 17 Oct 31—Dec 12 Jan 2—Feb 6 Feb 20—Mar 26 *April 9—May 14		Sept 13—Oct 18 Nov 1—Dec 13 Jan 3—Feb 7 Feb 21—Mar 27 *April 10—May 15		Sept 14—Oct 19 Nov 2—Dec 14 Jan 4—Feb 8 Feb 22—Mar 28 *April 11—May 16		Sept 15—Oct 20 Nov 3—Dec 15 Jan 5—Feb 9 Feb 23—Mar 29 *April 12—May 17		Sept 16—Oct 21 Nov 4—Dec 16 Jan 6—Feb 10 Feb 24—Mar 30 *April 13—May 18			
CLASS		AGE		INSTRUCTOR		DAY		TIME		PRICE	
MOM/POP & TOT		15—36 months		Trish		MONDAY		4:50—5:20 pm		\$46	
				Trish/Janelle		TUESDAY		9:30—10:00 am		\$46	
				Trish/Julie		WEDNESDAY		9:35—10:05 am		\$46	
				Jane		THURSDAY		10:15—10:45 am		\$46	
				Janelle/Angie		FRIDAY		9:30—10:00 am		\$46	
MINI TOTS		2 1/2—3 1/2		Trish		MONDAY		4:50—5:20 pm		\$46	
				Trish/Janelle		TUESDAY		10:05—10:35 am		\$46	
				Trish/Janelle		TUESDAY		11:35am—12:05 pm		\$46	
				Trish		WEDNESDAY		9:00—9:30 am		\$46	
				Trish/Julie		WEDNESDAY		10:55—11:25 am		\$46	
				Trish		WEDNESDAY		4:50—5:20 pm		\$46	
				Jane		THURSDAY		9:40—10:10 am		\$46	
Janelle/Angie		FRIDAY		10:50—11:20 am		\$46					
TUMBLE TIGERS 1		3 1/2—5		Trish		MONDAY		5:55—6:35 pm		\$51	
				Trish/Janelle		TUESDAY		10:40—11:20 am		\$51	
				Janelle		TUESDAY		1:10—1:50 pm		\$51	
				Trish/Julie		WEDNESDAY		10:10—10:50 am		\$51	
				Trish/Julie		WEDNESDAY		2:15—2:55 pm		\$51	
				Trish		WEDNESDAY		5:25—6:05 pm		\$51	
				Jane		THURSDAY		10:50—11:30 am		\$51	
				Janelle		FRIDAY		10:05—10:45 am		\$51	
				Trish/Angie		FRIDAY		11:25am—12:05pm		\$51	
ADVANCED TUMBLE TIGERS 1 <small>* If you're unsure your child is ready for this class, the instructor will be glad to evaluate your child.</small>		4 1/2—6 1/2		Trish		MONDAY		3:15—3:55 pm		\$51	
				Trish		MONDAY		6:30—7:10 pm		\$51	
				Trish		TUESDAY		1:10—1:50 pm		\$51	
				Trish/Julie		WEDNESDAY		3:10—3:50 pm		\$51	
				Trish		WEDNESDAY		6:10—6:50 pm		\$51	
				Trish		THURSDAY		3:15—3:55 pm		\$51	
				Janelle/Angie		FRIDAY		11:25am—12:05 pm		\$51	
TUMBLE TIGERS 2		5—7		Trish		MONDAY		3:55—4:45 pm		\$56	
				Trish		TUESDAY		3:00—3:50 pm		\$56	
				Trish		TUESDAY		6:05—6:55 pm		\$56	
				Trish		WEDNESDAY		3:55—4:45 pm		\$56	
				Trish		THURSDAY		4:00—4:50 pm		\$56	
TUMBLE TIGERS 3		5—7 1/2		Trish		TUESDAY		3:40—4:40 pm		\$61	
				Trish		WEDNESDAY		6:10—7:10 pm		\$61	
MINI TEAM		3 1/2—5		Trish		WEDNESDAY		1:10—2:10 pm		\$61	
TEAM TIGERS		5—7 1/2		Trish		THURSDAY		5:40—6:55 pm		\$66	
JUNIOR TEAM		4 1/2—7 1/2		Trish		TUESDAY		4:30—6:00 pm		\$102	
				Trish		THURSDAY		4:00—5:30 pm		(both days)	

ADMISSION TO CLASS
BY
INVITATION ONLY

GYMNAST MUST BE
EVALUATED BY
INSTRUCTOR

*Gymnastics Jubilee will be held Sunday, May 13 through Tuesday, May 15. The Jubilee will count for the last week of the session for gymnasts.

ALL GYMNASTICS CLASSES ARE HELD AT THE DOBBS CREEK RECREATION CENTER



GYMNASTICS



Gymnastics is one of the best individual sports to help children build self-confidence, flexibility, agility & body control. The Recreation Department is proud to have as gymnastics instructors:

Trish Merck is the director of our pre-school gymnastics program. She has over 28 years of gymnastics teaching experience and is USAG safety certified, and has completed the KAT (Kinder Accreditation for Teachers certification program).

Deven Pressley is director of our school age gymnastic program and has over 18 years experience teaching gymnastics and is certified through United States American Gymnastics & is an accredited professional in safety and skill evaluation with USAG.

Also assisting with our gymnastic program are Cathy Campfield, Marci Phillips, Janelle Teneza, Susan Seibert, Alexa Kieffer, Chris Wise, Tina Davis, Linda Deckert, Vladimir Zaglada, Rachel Satori, Julie Lanni, Kevin Robins, Jane Nothdorft, Levi Pressley, Angie Kudlas, Julie Murberger.

INSTRUCTIONAL SESSIONS (6-WEEKS)

(Gymnastics Classes will not meet the week of November 21—25, Dec 19—30, April 2—6)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept 12—Oct 17 Oct 31—Dec 12 Jan 2—Feb 6 Feb 20—Mar 26 April 9—May 14	Sept 13—Oct 18 Nov 1—Dec 13 Jan 3—Feb 7 Feb 21—Mar 27 April 10—May 15	Sept 14—Oct 19 Nov 2—Dec 14 Jan 4—Feb 8 Feb 22—Mar 28 April 11—May 16	Sept 15—Oct 20 Nov 3—Dec 15 Jan 5—Feb 9 Feb 23—Mar 29 April 12—May 17	Sept 16—Oct 21 Nov 4—Dec 16 Jan 6—Feb 10 Feb 24—Mar 30 April 13—May 18
AGE GROUP / CLASS	INSTRUCTOR	DAY	TIME	PRICE
Girls Gym 1 Ages 5 1/2 — 8	Julie	MONDAY	3:10—4:00 pm	\$56
	Tina	MONDAY	5:00—5:50 pm	\$56
	Alexa	TUESDAY	3:10—4:00 pm	\$56
	Marci	WEDNESDAY	4:10—5:00 pm	\$56
	Alexa	THURSDAY	3:10—4:00 pm	\$56
	Alexa	THURSDAY	5:45—6:35 pm	\$56
Girls Gym 1 Ages 8 & up	Tina	MONDAY	6:55—7:45 pm	\$56
	Alexa	TUESDAY	6:45—7:35 pm	\$56
	Julie	WEDNESDAY	3:10—4:00 pm	\$56
	Julie	WEDNESDAY	7:00—7:50 pm	\$56
	Rachel	FRIDAY	4:45—5:35 pm	\$56
Boys Gym 1 (Ages 5 1/2—8)	Chris	MONDAY	5:15—6:05 pm	\$56
	Chris	TUESDAY	3:10—4:00 pm	\$56
Boys Gym 1 (Ages 8 & up)	Chris	TUESDAY	4:00—4:50 pm	\$56
	Levi	THURSDAY	5:00—5:50 pm	\$56
Boys Gym 2 6 & up	Chris	TUESDAY	7:30—8:30 pm	\$61
	Chris	THURSDAY	4:00—5:00 pm	\$61
Girls Gym 2 Ages 5 1/2 — 8	Tina	MONDAY	5:50—6:50 pm	\$61
	Alexa	TUESDAY	5:45—6:45 pm	\$61
	Marci	WEDNESDAY	3:10—4:10 pm	\$61
Girls Gym 2 Ages 8 & up	Julie	MONDAY	7:05—8:05 pm	\$61
	Deven	TUESDAY	3:10—4:10 pm	\$61
	Alexa	THURSDAY	6:35—7:35 pm	\$61
Girls Gym 3 Ages 6 & up	Cathy	MONDAY	3:10—4:10 pm	\$61
	Linda	TUESDAY	4:15—5:15 pm	\$61
	Deven	THURSDAY	3:10—4:10 pm	\$61
Girls Gym 4 & 5 Ages 6 & up	Cathy	TUESDAY	6:45—7:55 pm	\$66
	Jane	WEDNESDAY	4:15—5:25 pm	\$66
Tumbling I (Ages 7 & up)	Marci	WEDNESDAY	7:30—8:20 pm	\$56
	Levi	THURSDAY	7:10—8:00 pm	\$56
	Chris	FRIDAY	4:00—4:50 pm	\$56
Tumbling II (Ages 7 & up)	Chris	TUESDAY	7:45—8:45 pm	\$61
	Kevin	FRIDAY	4:45—5:45 pm	\$61
Special Needs (Autism and Down Syndrome) (Ages 6—12)	Kevin	MONDAY	3:30—4:20 pm	\$56
	Jane	WEDNESDAY	4:10—5:00 pm	\$56
	Jane	THURSDAY	12:10—1:00 pm	\$56
Homeschool (Ages 6 & up)	Jane	THURSDAY	1:00—2:00 pm	\$61

OPEN GYM

Open Gym is a time for CRPD gymnasts to come and work on the events and skills they wish to improve.

TIME:
DATES:

AGES:
COST:

Saturdays, 11:00 am—1:00 pm
Sept. 24, Oct. 22, Nov. 19, Dec. 17, Jan. 21,
Feb. 18, March 24, Apr. 28
7 & up and ALL team members
\$10 per class



Team Gymnastics



TEAM SESSIONS (4 WEEKS)

(Team Gymnastics will not meet the weeks of: Nov. 21—26, Dec. 19—24, April 2—7)

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
Aug 8—Aug 29 Sept 5—Sept 26 Oct 3—Oct 24 Oct 31—Nov 28 Dec 5—Jan 2 Jan 9—Jan 30 Feb 6—Feb 27 Mar 5—Mar 26 April 9—April 30 May 7—May 28	Aug 9—Aug 30 Sept 6—Sept 27 Oct 4—Oct 25 Nov 1—Nov 29 Dec 6—Jan 3 Jan 10—Jan 31 Feb 7—Feb 28 Mar 6—Mar 27 April 10—May 1 May 8—May 29	Aug 10—Aug 31 Sept 7—Sept 28 Oct 5—Oct 26 Nov 2—Nov 30 Dec 7—Jan 4 Jan 11—Feb 1 Feb 8—Feb 29 Mar 7—Mar 28 Apr 11—May 2 May 9—May 30	Aug 11—Sept 1 Sept 8—Sept 29 Oct 6—Oct 27 Nov 3—Dec 1 Dec 8—Jan 5 Jan 12—Feb 2 Feb 9—Mar 1 Mar 8—Mar 29 Apr 12—May 3 May 10—May 31	Aug 12—Sept 2 Sept 9—Sept 30 Oct 7—Oct 28 Nov 4—Dec 2 Dec 9—Jan 6 Jan 13—Feb 3 Feb 10—Mar 2 Mar 9—Mar 30 Apr 13—May 4 May 11—June 1	Aug 13—Sept 3 Sept 10—Oct 1 Oct 8—Oct 29 Nov 5—Dec 3 Dec 10—Jan 7 Jan 14—Feb 4 Feb 11—Mar 3 Mar 10—Mar 31 Apr 14—May 5 May 12—June 2

GYMNAST MUST BE EVALUATED BY INSTRUCTOR

AGE GROUP / CLASS	INSTRUCTOR	DAY	TIME	PRICE
GIRLS PRE TEAM	Cathy	MONDAY WEDNESDAY	4:00—5:30 pm	\$44 per day \$76 for 2
GIRLS LEVEL 2	Deven	TUESDAY THURSDAY	3:40—5:40 pm	\$48 per day \$84 for 2
GIRLS LEVEL 3	Deven	TUESDAY THURSDAY FRIDAY	3:40—5:40 pm	\$84 (2 days) \$110 (3 days)
GIRLS LEVEL 4	Julie, Kevin, Cathy	MONDAY WEDNESDAY FRIDAY	4:00—7:00 pm	\$71 per day \$130 for 2 \$179 for 3
PREP-OP BRONZE	Marci	WEDNESDAY FRIDAY	5:00—7:30 pm	\$59 per day \$106 for 2
GIRLS LEVEL 5	Deven, Kevin	TUESDAY THURSDAY FRIDAY	4:40—8:40 pm	\$84 per day \$156 for 2 \$218 for 3
PREP-OP SILVER	Rachel	TUESDAY THURSDAY FRIDAY	4:40—7:40 pm	\$71 per day \$130 for 2 \$179 for 3
GIRLS LEVEL 7-10	Kevin, Cathy, Vlad	MONDAY WEDNESDAY FRIDAY SATURDAY	4:40—8:40 pm 4:40—8:40 pm 4:40—8:40 pm 9:00 am—1:00 pm	\$218 for 3 \$270 for 4
PREP-OP GOLD GIRLS LEVEL 6	Linda, Jane, Kevin	TUESDAY THURSDAY FRIDAY SATURDAY	4:40—8:40 pm 4:40—8:40 pm 4:40—8:40 pm 9:00 am—1:00 pm	\$218 for 3 \$270 for 4
PREP-OP PLATINUM	Jane, Kevin	MONDAY WEDNESDAY FRIDAY SATURDAY	4:40—8:40 pm 4:40—8:40 pm 4:40—8:40 pm 9:00 am—1:00 pm	\$218 for 3 \$270 for 4
BOYS PRE-TEAM	Chris	MONDAY WEDNESDAY	3:45—5:15 pm	\$44 per day \$76 for 2
BOYS LEVEL 4	Chris	TUESDAY THURSDAY	4:40—7:40 pm	\$71 per day \$130 for 2
BOYS LEVEL 5-6	Chris	MONDAY WEDNESDAY FRIDAY	4:40—8:40 pm	\$156 for 2 \$218 for 3

ALL GYMNASTICS CLASSES ARE HELD AT THE DOBBS CREEK RECREATION CENTER



Gymnastics Class Descriptions



MOM/POP & TOT-A fun class for parent and child to participate in together. Children are introduced to basic movements, fine and gross motor skills and games for their age. **Ages 15-36 months**

MINI TOTS-The class is designed just for toddlers, helping them develop gymnastics and motor skills on their level as well as enhancing their listening and social skills in a structured and fun atmosphere. **Ages 2 ½-3 ½**

TUMBLE TIGERS 1-A fun-oriented gymnastics class where your child will learn fundamental gymnastics skills on all gymnastics equipment. Your child will be encouraged as general fitness and self-confidence are gained. **Ages 3 ½-5**

ADVANCED TUMBLE TIGERS 1- For the student who has already participated in Tumble Tigers 1 and has been promoted, or is 5 years of age. **Ages 4 ½-6 ½**

TUMBLE TIGERS 2 - The class is designed for the gymnast who has participated in gymnastics before and has been promoted to this class by the instructor or has accomplished a standing cartwheel and can push up into a bridge with straight arms.. **Ages 5 - 7**

TUMBLE TIGERS 3 - This Class is for the more advanced gymnast who has been evaluated or promoted to this class by the instructor. **Ages 5—7 ½**

MINI TEAM/TEAM TIGERS- These teams will work on all 4 competitive gymnastics apparatus while continuing to progress their tumbling skills. These teams will prepare the gymnast for a higher level class or team. **Gymnast must be invited to participate in these classes . Mini Team Ages— 3 ½-5 Team Tigers Ages 5 -7 ½**

JUNIOR TEAM—This team will work on all 4 competitive gymnastics apparatus. They will learn AAU level 2 compulsory routines along with learning performing routines **Gymnast must be invited to participate in this class. Ages 4 ½-7 ½**

TUMBLE TIME-This is a basic tumbling class where kids will work on floor skills only, using the different mats and tumble trak. This is a great additional class to pair up with your child's regular gymnastics class. **Ages 4 ½- 8 ½.**

HOMESCHOOL GYMNASTICS- Gymnastics classes at the beginner, intermediate, and advanced levels for the elementary-aged homeschooler. This is a great class to learn basic gymnastics skills, stay physically active & interact with other children. **Ages 6 & Up.**

TUMBLING I- Students will learn strength and flexibility to accomplish the basic tumbling skills— rolls, handstands, cartwheels and back bends. **Tumbling II** An advanced class to learn back and front handsprings, front and back tuck. Etc. **Ages 7 & up**

GIRLS GYMNASTICS 1-4 (Progressive) - A set of classes for girls to learn basic gymnastics skills through appropriate skill progressions on women's events. Gymnasts begin with Girls Gym 1 and must complete an evaluation to progress to the next level. **Ages 5 ½& Up. "Beginner—Advanced"**

GIRLS GYMNASTICS 5-A class designed for gymnasts that are at the team level but do not wish to compete. Gymnasts must pass an evaluation to enroll. **Ages 6 & Up.**

BOYS GYMNASTICS 1-2 -A progressive set of classes for boys to learn basic gymnastics skills through appropriate skill progressions on men's events. Boys begin with gymnastics 1 and must complete an evaluation to progress to the next level. **Ages 5 ½& Up.**

PRE TEAM-This class is a lead-up class to Team. **Gymnast must be evaluated by the instructor to participate. Ages 6 and up**

TEAM/LEVELS - This class is for the **Competitive Teams**, which travel to local gyms to compete against other teams. **Gymnast must be evaluated by the instructor to participate on the Team. Ages 6 & up**

SPECIAL NEEDS- A class designed for children with autism and down syndrome. Gymnasts will learn basic gymnastics skills on all events. Down syndrome children will need medical clearance from their Doctor in order to participate. **Ages 6—12.**

HORSEBACK RIDING



BLUE SPRINGS FARM

5016 HYDE RD.

Instructor Marcy Blue has been teaching and showing for over 25 years. She has a farm in Cumming, where she hosts the Forsyth Central Equestrian Team. She has also taught lessons through Kennesaw College. She features a World Champion among her students and several Top Ten world placements.

She offers English and Western lessons in a fun, friendly and family atmosphere. It doesn't matter if you want to show or just improve your skills for trail riding, Blue Springs Farm is the place for you. Website: www.bluespringsfarm.com

Beginner Riding Classes:

Riders will be instructed in the Western style of riding. These classes will help riders build confidence & learn balance. In the 4 weeks, you'll learn safety, grooming & tacking up your horse and will experience Walking, Trotting & Cantering.

Beginners & Advanced riders are welcome.

The barn is large enough for indoor classes, so classes will be held rain or shine!

HORSEBACK RIDING CLASS SESSIONS (All classes meet for 4-week sessions at Blue Springs Farm)

Youth –Beginners

Ages- 6-16 yrs.

MONDAYS

6:00—7:30 pm

\$152.00 per session

SESSIONS

Sept 12— Oct 3

Oct 10—Nov 7

Nov 14—Dec 5

Mar 5—Mar 26

Moms– Morning Out

Ages– adults

WEDNESDAYS

9:30—11:00 am

\$152.00 per session

SESSIONS

Oct 12—Nov 2

Mar 7— Mar 28





DANCE



Instructor Cindi Bryenton Bekas has been teaching Dance for over 21 years. She holds a Bachelor of Fine Arts Degree in Dance and Theater from Ohio University, which she attended on a full talent scholarship. Cindi was awarded The Laurel Lea Schaefer Scholarship for excellence in musical theater. She trained for 17 years to be a classical ballerina in the Washington D.C. area. Cindi was cast in her first professional musical theater role at 18 at the Harlequin Theater in D.C. and went on to perform professionally at several theaters in Maryland, Virginia and D.C.

Sara Morton has taught all levels of dance for over 20 years. Dancing since the age of 3, Sara performed on stage in "The King and I" as a 6-year-old. At the age of 13, she was the recipient of the first full scholarship granted by Harkness Ballet, NYC. She has had intensive studies in classical ballet, flamenco, jazz, drama and voice. She performed with Harkness and American Ballet Theatres in New York, & toured the south with the Houston Ballet. Sara also studied for a year at The Royal Ballet in London and the Sadler & Royal Festival, & performed musical theatre on Broadway. She studied extensively with many notable teachers including David Howard, Patricia Wilde, Robert Davis & John O'Brien.

Instructor Sandy Griffin has been a dance educator for 40 years, teaching beginner -to-professional levels. She was the Owner/Director of Dance One Studios in Marietta, Ga. for a 11 years. Sandy was a performing member of the Columbus Theatre Ballet Company and Ballet Metropolitan Company (professional) of central Ohio in her early years. She studied for many years under world-renowned teachers/performers such as Tatijana Smith former prime ballerina of Yugoslavia, Allan Miles of Juilliard, Alex Bennett former principal of the Royal Ballet of Great Britain, and the late Dane Margo Fonteyn.

Instructor Ashley Norton came to the CRPD in 2005. Her dance training began at age 4 under her mother, Sandy Griffin, and continued under national educators. She has won national competition awards in ballet, jazz, tap, clogging and cheering as a performer and choreographer. She attended Valdosta State University, where she graduated with a Bachelor of Fine Arts/Communications Degree.

Instructor Jessica Dutton is currently a senior at North Georgia College. Jessica received the majority of her training here at Cumming Ballet theater dancing with the pre-pro company for many years.

Dance Class Descriptions

TWINKLE TOTS— A fun introduction to dance! Designed to help your child explore movement and music, using simplified ballet steps and lots of imagination! **Ages—Young 3's**

BALLET—Includes beginning and above classical ballet techniques and skills. Develops coordination and balance. Our classes are based on Cecchetti techniques combined with Kinetic methods of freedom of movement. **All Ages.**

BALLET/TAP—Includes primary classical ballet techniques, and promotes musicality grace, poise and posture. Tap dance emphasizes rhythmic and locomotor skills. **Ages 3—9**

BROADWAY JAZZ - Classes concentrate on technique, combinations and learning excerpts from popular (old & new) Broadway shows. **Ages 12—17**

FAIRY PRINCESS BALLET—Ballet basics with dress-up, props, and classical music. A mix of pre-school ballet and creative dramatics. **Ages 3—5**

TOT HOP— This class is designed to include clean and acceptable hip/hop movements. **Ages 5 & 6**

JAZZ / ROCK—An American art form. Classes teach jazz step combinations. Singing and dancing to popular age appropriate/clean/ pop rock music will be our speciality. **Ages K —8**

JAZZ/HIP-HOP—Classes designed to include jazz techniques/combinations mixed with clean and acceptable Hip -Hop movement. Improves strength, stamina & coordination.. **Ages 7 & Up**

LYRICAL BALLET— Combines elements of ballet and modern dance. Inspiring emotional expression using lifting, controlled movements. Ballet experience needed. **Ages 10-16**

COMPANY BALLET—These are more focused accelerated ballet classes with a goal of emphasis on technique and enhanced performance

Students enrolled prior to January 2 will have the opportunity to participate in the May Recital.

ALL DANCE CLASSES ARE HELD AT THE CUMMING RECREATION DEPARTMENT BUILDING



14 DANCE



CLASS	AGE	INSTRUCTOR	DAY	TIME	PRICE
TWINKLE TOTS	Young 3's	Jessica	MONDAY	10:00—10:30 am	\$44
		Sara	FRIDAY	10:00—10:30 am	
		Sara	FRIDAY	1:15—1:45 pm	
FAIRY PRINCESS BALLET	3—5	Cindi	MONDAY	1:30—2:15 pm	\$49
	3—5	Sandy	WEDNESDAY	1:15—2:00 pm	
	4 & 5	Sara	FRIDAY	1:45—2:30 pm	
BALLET	4—5	Cindi	FRIDAY	3:00—3:45 pm	\$49
	6—9	Sara	MONDAY	3:00—3:45 pm	
	7—9	Sandy	TUESDAY	3:00—3:45 pm	
	8 & up	Jessica	SATURDAY	12:15—1:00 pm	
BALLET / TAP	3 & 4	Jessica	MONDAY	10:30—11:15 am	\$49
		Sandy	WEDNESDAY	11:00am—11:45pm	
		Sandy	THURSDAY	1:15—2:00 pm	
		Sara	FRIDAY	10:30—11:15 am	
		Jessica	SATURDAY	10:00—10:45 am	
	4 & 5	Jessica	MONDAY	11:15—12:00 noon	\$49
		Sandy	TUESDAY	1:00—1:45 pm	
		Sandy	TUESDAY	3:45—4:30 pm	
	5 & 6	Sandy	THURSDAY	2:00—2:45 pm	\$49
		Sara	THURSDAY	3:00—3:45 pm	
5 & 6	Jessica	SATURDAY	10:45—11:30 am		
5 & 6	Sandy	TUESDAY	1:45—2:30 pm	\$49	
5—7	Sandy	WEDNESDAY	3:00—3:45 pm		
Level 1 & 2 5-7 Level 1 & 2 6-8 Level 2 5-7 Level 2 6 & 7 Level 2 & 3 6-9 Level 2 & 3 6-9	Jessica	SATURDAY	11:30—12:15 pm	\$49	
	Sara	WEDNESDAY	3:45—4:30 pm		
	Cindi	FRIDAY	3:45—4:30 pm		
	Sandy	THURSDAY	4:15—5:00 pm		
	Sandy	WEDNESDAY	3:45—4:30 pm		
Sandy	WEDNESDAY	4:30—5:15 pm	\$49		
Sandy	THURSDAY	5:00—5:45 pm			
BALLET/JAZZ	6—8	Sara	WEDNESDAY	4:30—5:15 pm	\$49
	6—9	Sara	MONDAY	3:45—4:30 pm	
JAZZ	Beginning 8-10	Sara	THURSDAY	3:45—4:30 pm	\$49
JAZZ / HIP-HOP	Tot Hop 5 & 6	Ashley	TUESDAY	4:30—5:15 pm	\$49
	Beginning 7—9	Ashley	TUESDAY	5:30—6:15 pm	
	Intermediate 8—12	Ashley	TUESDAY	6:15—7:00 pm	
	Advanced (Invite Only)	Ashley	WEDNESDAY	6:30—7:15 pm	
BROADWAY JAZZ	12—17	Sandy	WEDNESDAY	5:30—6:20 pm	\$49
JAZZ/ROCK	K—8	Sandy	THURSDAY	3:30—4:15 pm	\$49
LYRICAL BALLET	10-14 w/ prior experience	Sandy	THURSDAY	7:00—7:45 pm	\$49
	11—16 w/ prior experience	Sandy	THURSDAY	6:00—7:00 pm	\$53
COMPANY BALLET	Apprentice 7 & 8	Cindi	FRIDAY	4:30—5:20 pm	\$49
	Intermediate Company 8-11	Sara	THURSDAY	4:30—5:20 pm	\$49
	Junior Pointe 1 10-12	Sara	MONDAY	4:30—5:30 pm	\$53
	Junior Pre-Pointe 10-12	Sandy	TUESDAY	4:30—5:30 pm	
	Junior Pointe 2 11-14	Sandy	TUESDAY	7:30—8:30 pm	\$53
	Junior Pointe 2 11-14	Cindi	FRIDAY	5:20—6:20 pm	
	Senior Co. 12 & up	Sandy	WEDNESDAY	7:15—8:30 pm	\$61
Pre-Pro Pointe 13 & up	Sara	MONDAY	7:30—8:45 pm	\$61	
			THURSDAY	7:30—8:45 pm	\$110 2 day

Instructional Sessions (6 weeks) (Dance Classes will not meet the weeks of Nov.21—25 Dec. 19—30 April 2—6)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Sept 12—Oct 17 Oct 31—Dec 12 Jan 2—Feb 6 Feb 20—Mar 26 April 9—May 14	Sept 13—Oct 18 Nov 1—Dec 13 Jan 3—Feb 7 Feb 21—Mar 27 April 10—May 15	Sept 14—Oct 19 Nov 2—Dec 14 Jan 4—Feb 8 Feb 22—Mar 28 April 11—May 16	Sept 15—Oct 20 Nov 3—Dec 15 Jan 5—Feb 9 Feb 23—Mar 29 April 12—May 17	Sept 16—Oct 21 Nov 4—Dec 16 Jan 6—Feb 10 Feb 24—Mar 30 April 13—May 18	Sept 17—Oct 22 Nov 5—Dec 17 Jan 7—Feb 11 Feb 25—Mar 31 April 14—May 19

Baton Twirling

Baton twirling classes introduce students to the basic skill of baton twirling, using music to improve coordination, timing & marching. Fall students will perform in the Cumming Christmas parade in December. Cherri has been teaching baton twirling for 34 years. She was the Jr. National champion in 1975 and Senior champion in 1977. She performed on television for the Ted Mack Show and Dinah Shore Show.

Level 1 – Ages 5 & up **WEDNESDAYS 4:00—4:50 pm**

This class is an introduction to baton twirling. The student will learn how to safely perform the basic skill of twirling. In addition, basic dance moves will be taught, allowing the student to coordinate dance moves with the baton. Technique will be emphasized for both the baton twirling and the body-work.

Level 1 – Ages 7 & up **WEDNESDAYS 5:00—5:50 pm**

This class will review and perfect the basic skills of twirling and dance. In addition, more difficulty will be introduced in both the baton and dance portion. The student will learn about timing and perform to a choreographed routine.

6 weeks sessions

Sept. 7- Oct 12
Oct 26- Dec. 7
Jan. 11- Feb 15

Feb. 29– Apr 11
Apr. 25-May 30

Cost: \$62.00 per session
Location: Dobbs Creek Rec. Center
Instructor: Cherri Ciepiela

Registration & Refunds

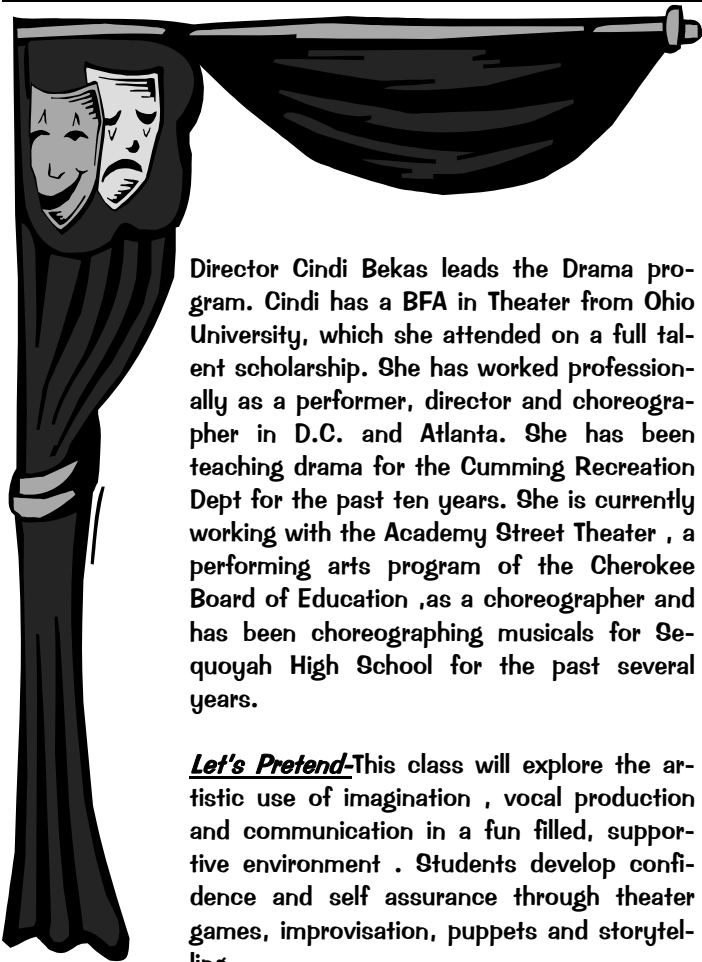
All athletics, programs, and special events are provided for local citizens and depend on public interest for their success. Registration is on a first-come, first-serve basis. A minimum, as well as a maximum, number of participants has been established for each activity. Without sufficient registration, the activities will be cancelled and any fee paid will be refunded. Registration is complete upon receipt of payment by the Recreation Department office.

Persons who wish to withdraw after registration, and request a refund, must notify the Recreation Department office two (2) working days prior to the first day of class. (Please allow 2-to-3 weeks for refund processing.) No refunds or transfers will be permitted after program begins.

All persons are invited to participate in and use all facilities of the Cumming Recreation and Parks Department regardless of their race, color or national origin.

**YOU MUST REGISTER
FOR ALL PROGRAMS
PRIOR TO BEGINNING OF CLASS.
NO PRO-RATED PRICE ON ANY CLASS OR
PROGRAM.**

**NO REGISTRATION
ACCEPTED BY INSTRUCTORS.**



Director Cindi Bekas leads the Drama program. Cindi has a BFA in Theater from Ohio University, which she attended on a full talent scholarship. She has worked professionally as a performer, director and choreographer in D.C. and Atlanta. She has been teaching drama for the Cumming Recreation Dept for the past ten years. She is currently working with the Academy Street Theater, a performing arts program of the Cherokee Board of Education, as a choreographer and has been choreographing musicals for Sequoyah High School for the past several years.

Let's Pretend-This class will explore the artistic use of imagination, vocal production and communication in a fun filled, supportive environment. Students develop confidence and self assurance through theater games, improvisation, puppets and storytelling.

GRADES K—2

MONDAY 3:30—4:20 PM

Drama Level I- This Class is a progression of theater study, beginning with developing the actors tools: voice, body and imagination. It will include theater games and improvisation exercises, progressing into scripted work. It will include individual and ensemble work. We will also cover audition techniques for plays and multimedia.

Six-week Sessions for Drama Classes will follow the same schedule as those for Dance Classes listed on PAGE 4.

GRADES 3—5

MONDAY 4:30—5:20 PM

GRADES 6—8

MONDAY 5:30—6:20 PM

Cumming Recreation Department
\$53.00 per 6 week session.

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CUMMING RECREATION & PARKS DEPARTMENT

Mailing Address

P. O. Box 34
Cumming, GA 30028

(770)781-2030

Street Address

410 Pilgrim Mill Rd.
Cumming, GA 30040

DATE _____

(PLEASE PRINT CLEARLY)

CHECK ONE: CITY RESIDENT NON-CITY, FORSYTH COUNTY RESIDENT OUT OF COUNTY

NAME OF PARTICIPANT _____ HOME # _____

ADDRESS _____ WORK # _____

CITY _____ ZIP _____ YS YM YL AS AM AL AXL
(CAMP SHIRT)

BIRTHDATE _____ AGE _____ SEX _____ Grade _____ SCHOOL _____

MOTHER'S

NAME _____ CELL # _____ WORK # _____

FATHER'S NAME _____ CELL # _____ WORK # _____

EMERGENCY CONTACT _____ RELATION _____ TEL # _____

PARENTS EMAIL _____

ILLNESS _____ ALLERGIES _____

PHYSICAL DISABILITIES OR PROBLEMS _____

PRESCRIPTIONS TO BE DISPENSED? _____

PROGRAM _____ AGES _____ Facility _____

STARTING Date / Time _____

PROGRAM FEE _____ AMT PAID _____ CASH _____ CK # _____ BALANCE _____

REFUND POLICY

In order to receive a refund of registration fee for any program, the Cumming Recreation and Parks Department must be informed of the participant's withdrawal 5 working days prior to the first day for Camps and 2 working days prior to the first day for all other programs.

All persons are invited to participate in & use all facilities of the Cumming Recreation and Parks Department, regardless of race, color or national origin.

MAYOR OF CUMMING
H. Ford Gravitt

CITY ADMINISTRATOR
Gerald Blackburn

ASSISTANT ADMINISTRATOR
Steve Bennett

CITY COUNCIL
Quincy Holton
Lewis Ledbetter
Ralph Perry
John D. Pugh
Rupert Sexton

RECREATION COMMISSION

Deanie Creamer
Alvin Fowler
Wilma Moore
George Pirkle
Rickie Sexton

RECREATION DEPARTMENT STAFF

Greg Little, Director
Reba Castleberry, Administrative Assistant
Matt Payne, Athletic Coordinator
Sandra Bennett, Program Coordinator
Michelle Tallant Honea, Program Assistant
Jack Search, Maintenance Coordinator
Matt Pirkle, Maintenance Assistant
Josh Smith, Maintenance Assistant
James Rodriguez, Maintenance Assistant